February 14 Faculty of Science Postgraduate Orientation Day

All postgraduate students in the Faculty of Science are invited to take part in the first Faculty of Science Postgraduate Orientation Day. The programme is given below. The first session from 08h30 is for students who are registering for their Masters or PhDs for the first time, and would like some assistance in completing a MOU. The sessions from 11h00 onwards are open to everyone.

Programme

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08h30-10h30	SciLab D Annex (Prof Nicola Illing, Deputy Dean)
	Introduction to MOU and PPA for new Masters and Doctoral students
	Supervisors welcome to take part
11h00-17h30	Hlanganani Junction, Level 5, UCT Main Library
11h00-11h10	Welcome and Opening of Science PG Orientation (Prof Susan Bourne, Interim Dean of Science)
11h10-11h20	Who is who in the Faculty office, and how they can support you; the cycle of registration, progress assessment on PeopleSoft and Submission (Prof Nicola Illing, Deputy Dean)
11h20-11h30	Postgraduate student funding landscape (Prof Nicola Illing, Deputy Dean)
11h30-11h45	Introduction to Science Postgraduate Student Council- their portfolios, planned activities for the year; how to get engaged in the postgraduate community
11h45-12h15	Ice-breaker (Pippin Andersen)
12h15-12h45	Transformation- Building inclusion-your role as a postgraduate
	(14h315h4517h00UPgrad, Transformation: Office for Inclusivity and Change)
12h45-13h30	Lunch
13h30-14h30	Challenges of the Research Journey- Panel discussion-
	Ms Liisa Shangheta (Oceanography) Mr Chad Peel (Geology) Ms Rebeng Maine (Molecular and Cell Biology) Ms Ibiye Dagogo (Chemistry) Ms Julia Healy (Astronomy) Mr Laique Merlin Djeutchouang (Oceanography, DJTMER001@myuct.ac.za)

Dr Philile Mbatha, Environmental and Geographical Sciences

Issues to be discussed (in no particular order)

- Reflect on your journey
- What do if you are feeling ill or sad or lonely
- Funding opportunities and challenges
- The most fun part of my research project

- The most challenging part of my research
- Writing up your Masters or Doctoral thesis
- What to do if you have a disagreement with your supervisor, or you unhappy with their style of supervision.
- How to deal with pressures as a postgraduate student. Finding a work-life balance
- International students- the major challenges
- Living in Cape Town-Accommodation & Transport
- Challenges of experimental and field work

Chaired by Maleshigo Komane (V13h3013h14h3014|Pice-chairperson: SPSC 2018),

Information sessions: 10 minutes talking, 5 minutes for questions				
14h30-14h45	Prof Peter Meissner, Director of Postgraduate Studies at UCT:			
	Courses and Activities for Postgraduate Students at UCT in 2019			
14h45-15h00	Writing Centre- services offered and advice to postgraduate students (Juliet Nagawa)			
15h00-15h15	David Gammon- Getting involved at UCT as a Postgraduate student; there is more to life at UCT than just your research.			
15h15-15h30	Careers Service- services offered and advice to postgraduate student (Ingrid van der Merwe)			
15h30-15h45	Jammie Shuttle Service- transport to UCT (Unathi Mxatule and Alicia Leonard)			
15h45-16h00	Tea and Coffee			
16h00-16h15	Lara Donaldson: Upgrading to a PhD- how to upgrade, pro's and con's to consider			
16h15-16h30	Support for International Students at UCT: IAPO (Nicola Latchiah)			
16h30-16h45	Student Wellness Centre-Support Services at UCT and dealing with stress (Ms Carol Sterling)			
16h45-17h00	Campus Protection Services: how to stay safe on Campus (Martin Gewelaar accompanied by Cindy Heckly			
17h00-18h00	Social event with refreshments, music and performances (Science Student Postgraduate Council)			

Science Postgraduate Student Council (SPSC): Maripa Ledwaba; Ibiye Dagogo, Sim Dlamini, Zwidofhelangani Khangale, Bellinda Monyela)

Academic committee: Nicola Illing, Lara Donaldson, Pippin Andersen, Tommy Meyer and Andy Buffler